



THE CITY OF SAN DIEGO COMMUNITY PARKS I DIVISION
PARK AND RECREATION DEPARTMENT
MIRA MESA GIL JOHNSON COMMUNITY PARK AND RECREATION CENTER
8575 New Salem St San Diego, CA 92126
www.miramesatowncouncil.org/recreationcouncil.htm

“WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS”
www.sandiego.gov

2006 Fall PROGRAM



Hours Of Operation

Sunday	10:00am to 2:00pm
Monday	2:00pm to 8:45pm
Tuesday	2:00pm to 8:45pm
Wednesday	2:00pm to 8:45pm
Thursday	2:00pm to 8:45pm
Friday	2:00pm to 8:45pm
Saturday	9:00am to 2:00pm

Hours subject to change without notice

CLASS REGISTRATION BEGINS August 26th, 2006
See inside front cover for complete details

Welcome!

Staff cordially invites you to visit the Center. Look through the brochure for a class you and your family may enjoy. There is a variety of dance, art, and music. Karate, basketball, and creative arts are popular. You will find a host of activities for tots also. Free play hours are available in the game room and gym. Bring a friend!

Enjoy your visit and thanks for coming.

FALL REGISTRATION 2006

Pre – registration: 8/14/2006-8/25/2006

Open Registration starts 8/26/2006 until classes fill – up or two weeks into the session, classes are not prorated.

Classes start week of 9/11/2006

WINTER REGISTRATION 2006

Pre – registration: 11/6/2006-11/17/2006

Open Registration starts 11/18/2006 until classes fill – up or two weeks into the session, classes are not prorated. Classes start week of 12/4/2006

A parent or legal guardian can register someone under the age of 18 years old. All participants must present proof of payment to the instructor on the first day of class. No registration can be taken or refunds issued after the second week. Please register early as classes fill up or are canceled if not enough students enroll.

The Mira Mesa Recreation Center will be closed July 4th and September 4th in observance of Independence Day and Labor Day.

ATTENTION: All fees must be paid in full prior to taking the class. Make checks payable to Mira Mesa Recreation Center or pay exact cash. There will be a \$35 service charge on all returned checks. Also, for refunds there will be a \$10 service fee. Classes not meeting the minimum number of 5 to 8 students may be canceled.

Recreation Council Info

The Council meets on the Second Tuesday of the month at Lopez Ridge
7245 Calle Cristobal 7:00pm

The Mira Mesa Recreation Center was dedicated in January of 1977. Ten years later on April 3, 1987 the center was named the "Gil Johnson Recreation Center" after Gilbert Johnson who served in numerous public and community capacities including City council member from 1971- 1977 and deputy mayor in 1975. He will always be known to Mira Mesa as a man who was dedicated to responsible and effective government

Community Information

www.miramesatowncouncil.org/recreationcouncil.htm

MASTER SPORTS

(ALL CHILDREN WILL RECEIVE A T-SHIRT)

www.MASTERyourSPORTS.com

858-518-1315

JUNIOR SPORTS CLASS

Thurs. (MMRC) 9:00-9:50 am 3-5 Years Old

Thurs. (Lopez Ridge) 10:20-11:10 am 3-5 Years Old

Participants will play soccer, basketball, tee-ball, flag football and track n' field. Our coaching philosophy is to give each participant a foundation in each sport by incorporating rules of the sport into modified games that are appropriate for each age group and most importantly a lot of fun. We will capture their imagination while improving coordination and strength. (Minimum 4, Maximum 15)

INSTRUCTOR: COACH STEVE SMITH

Tuition: \$80 8 lessons Starts Sept. 14th

CREATIVE ARTS

Monday 5:15 pm – 6:30 pm 6 Years Old & Up

Classes are designed to provide children a positive, fun filled experience each week. Hands – on projects will include drawing, painting, craft works, and the creation and completion of a ceramics piece. Students will keep all artwork. (An additional fee may be required for special projects.)

Tuition: \$60 10 weeks Starts Sept. 11th





FIRST STEPS IN TAP/BALLET

Saturday 9:10 am-10:00 am 3-4 Years

Classes are designed to teach basic ballet and tap combinations along with exercises to enhance rhythm coordination and motor development.

INSTRUCTOR: MICHELLE FRIPP

Tuition: \$55 10 lessons Starts Sept. 16th

INTRODUCTION TO BALLET/TAP & JAZZ

Saturday 10:10-11:00 am 6 Years Old & Up

Introduction to ballet, tap, and jazz encompassing awareness of music, direction, and body discipline.

INSTRUCTOR: MICHELLE FRIPP

Tuition: \$55 10 lessons Starts Sept. 16th

JAZZ/TAP COMBO LEVEL I AND II

Saturday I 11:10-12:00 Noon 6 Years Old & Up

Saturday II 12:10-1:00 pm 6 Years Old & Up

INSTRUCTOR: MICHELLE FRIPP

Classical jazz and tap for intermediate dancers – by instructor's referral only.

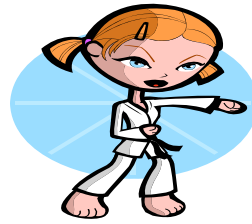
Tuition: \$55 10 lessons Starts Sept. 16th

PIANO LESSONS

Monday 3:00-7:30 pm 6-13 Years Old

Tuition: \$120.00 10 weeks Starts Sept. 11

INSTRUCTOR: ANITA GRAIG



CHILDREN'S SELF DEFENSE

KEN-KA-KUNG FU

Tuesdays 4:30-5:30/*5:30-6 pm 5-16 Years Old

This class addresses an individual's needs and capabilities at all levels and is designed to improve and enhance your child's ability to listen, focus, and develop skills in balance and coordination. Versatility offers a very practical, effective means of self defense. Our main focus is to build confidence and a sense of achievement in each child. Wear loose fitting clothing. New student's parents must attend the first class with their child for orientation. *Last 30 minutes of class reserved for advanced training.

INSTRUCTOR: SIFU GEOFF ALPERT

Tuition: \$50 5 lessons

Starts August 1st to 8-29-06

September 5 to 10-3-06

October 10th to 11-7-06

WINTER YOUTH BASKETBALL LEAGUE

(DAYS AND TIMES TO BE ANNOUNCED)

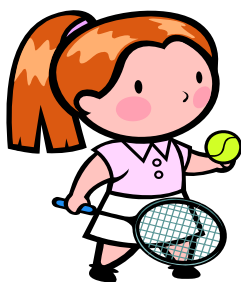
AGES 6-17

REGISTER NOVEMBER 12TH UNTIL FULL PLAYER ASSESMENTS ON DECEMBER 2 & 9 LEAGUE BEGINS THE WEEK OF JANUARY 8TH FEE: \$80 (LATE FEE: \$90)

BIRTH CERT. REQUIRED FOR SIGN-UP

YOUNGER PLAYERS MAY PLAY UP ONE DIVISION AT PARENTS REQUEST. VOLUNTEER COACHES ARE NEEDED. PLEASE APPLY AT THE OFFICE. FINGERPRINTING REQUIRED OF ALL VOLUNTEERS.





TENNIS

Miramar College, Court #1 & #2

Saturday

8:30-9:30 am	Age 13 up	Intermediate
9:30-10:30 am	Age 7-12	Beginning
10:30-11:30 am	Age 7-12	Beginning
11:30-12:30 pm	Adult	Beginner

This course will teach the fore, backhand and serve. The scoring system and tennis etiquette will be introduced. Tennis racquet and tennis shoes are required. Each student must bring a can of unopened tennis balls on first day of class.

INSTRUCTOR: STAN JEFFERSON

Tuition: \$70 10 weeks Starts Sept. 16th



THE BASKETBALL EXPERIENCE

Tues. 3:00- 4:00 pm 5-7 Yrs. Old

Thurs. 4:00-5:00 pm 8-12 Yrs. Old

The basketball experience is for players who would like to increase his/her on-the-court game time with quality instruction. (15 Maximum)

INSTRUCTOR: JOHN GARWOOD

Tuition: \$55 10 weeks Starts September 12th

BASIC FUNDAMENTALS

OF BASKETBALL

Friday 3:00-4:00 pm 5-7 Yrs. Old

Friday 4:00-5:00 pm 8-12 Yrs. Old

Learn the basic fundamentals of basketball. This class is for the beginner as well as the experienced player who wants to improve his/her skills.

An ideal class for youngsters to build up their self-esteem needed to compete. (15 Maximum)

INSTRUCTOR: JOHN GARWOOD Tuition: \$55

10 weeks Starts September 15th



CITY DANCE

www.citydancearts.org

TAP & JAZZ - \$35 (10 WEEKS)

WEDNESDAY

REGISTER AT CLASS TIME

JUNE 28TH

(Have check made out to City of San Diego or exact cash.) Classes are ongoing.

CLASS SCHEDULE

3:00 – Pre-school Tap

3:45 pm – Beginning Tap 6 & up

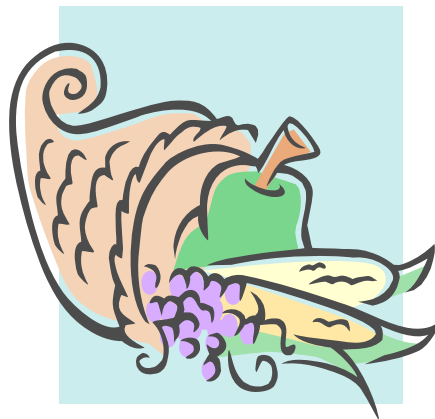
3:00 pm – Beginning Jazz 6 & up

5:15 pm – Beg/Int. Adult Jazz

6:00 pm – Int./Advanced. Adult Tap

TIMES SUBJECT TO CHANGE

**INSTRUCTORS: AVA BISHOP AND
RACHEL MITCHELL**



**HAPPY THANKSGIVING
FROM THE MIRA MESA
RECREATION CENTER STAFF**



TINY TOTS

Monday, Tuesday, Wednesday

9:00-12:00 pm 3-5 Years Old

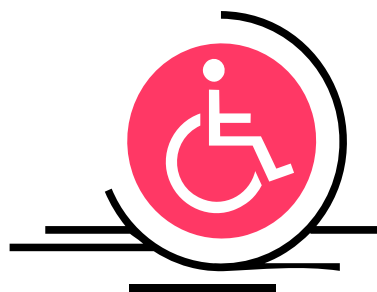
This class is designed to focus on kindergarten readiness with listening, socialization, and classroom structure will be emphasized. Creative art, music, songs, and cognitive skills will be taught. These classes offer young children an opportunity to play games, do art projects, learn their ABC's and English through socializing with others while making new friends. Child must be potty-trained. Please pick up children on time or a late fee may be charged. The Maximum number of students is 15.

The above program is not a child care but it is an unlicensed public recreation program which meets Dept. of Social Services Community Care Licensing exemption criteria.

INSTRUCTOR: CAROLINA VILLA

Tuition: \$80.00 per day 10 weeks

Class Sessions Start September 11, 2006



INDIVIDUALS WITH SPECIAL NEEDS

Disabled Services is a City of San Diego Park & Recreation Dept. city-wide program that provides recreational opportunities for people with disabilities. For information, or to be placed on their mailing list, please call
(619) 525-8249



ICE SKATING

SAN DIEGO ICE ARENA

11048 ICE SKATE PLACE

(858) 530-1826

TOT STARTER

Wednesday 4:00-4:30 pm 3-5 Years Old

YOUTH

Wednesday 4:30-5:00 pm 6-12 Years Old

The San Diego Ice Arena offers a four week program giving skaters the experience, skills and excitement. During the course students will learn how to balance, glide going forward, stopping, and they will have time for a few tricks. Skaters can practice during the public session from 3:00 pm to 5:00 pm before or after their class. Skate rental is included. Students should dress warmly and wear gloves or mittens.

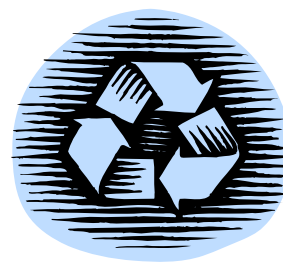
INSTRUCTOR: WENDY SMITH

Tuition: \$40 4 weeks Starts Sept. 13th

RECYCLING BINS

Located at northeast corner of parking lot.

Newspapers, glass, cans and plastic. All proceeds go towards programming and keeping the center open.





Open Gym Schedule

6:30-8:45 pm

MONDAY/WEDNESDAY



Open Game Room Schedule



MIRA MESA STREET FAIR 2006: The Mira Mesa Street Fair will be held this year on **September 30, 2006**. The Street Fair is held on Camino Ruiz, which is the North/South street next to the Mira Mesa Branch Library, and extends the entire block from New Salem to Mira Mesa Blvd. ([Map](#)). Enjoy a fun filled festival atmosphere that is the perfect mix of entertainment, food and exhibitors. Displays include Arts & Crafts vendors, local businesses and civic groups. Visit the Kid's Zone and 2 community stages.

We are looking for volunteers to make the 8th annual street fair a big success! The Mira Mesa Street Fair is the largest fund raising event for the Mira Mesa Town Council, and money raised is used to support activities of the Town Council, scholarships, and other Mira Mesa community events and activities. Note that starting this year, the Street Fair will be held on the last Saturday in September, a week earlier than in past years.



PARK STAFF

Ricky Duran.....District Manager
Cathy Lawler.....Area Manager
Jaime Diez.....Center Director..... (858)538-8123

Recreation Leaders

Vanessa Blanco, Vila Khounborinh, Sergio Mendez,
Tuong Tran, Amber Williams, and Josh Zoldan

Grounds Maintenance Workers

Lonnie Bennet, Rick Pomfret, Jose Cecena,
Urbano Estoque, Lazero Varela, Roque
Ansen Caires

IMPORTANT PHONE NUMBERS

SD COMMUNITY COLLEGE (858) 221-6973
CITY DANCE (619) 525-8258
DISABLED SERVICES (619) 525-8247
NED BAUMER POOL (858) 538-8083
SENIOR CENTER (858)578-7325
TEEN CENTER (858)271-4000

YOUTH SPORTS

MM West Little League – Kirk Gillard (619) 890-0154
MM Youth Baseball, Curtis VandeVooren, 578-7770
MM Youth Football, Don Williams, 824-6669 www.mmsyf.com
Youth Soccer Org. 518-3557
MM Soccer Assn., Bob Turner, 689-8859
MM Girls Softball League, R. Townsend, 695-3651
MM Youth Bskball, Brian Anthony (858)232-0466

ADULT SPORTS

Softball, Jim Castello (619) 252-2575
City Softball/Volleyball, Mona Najimy, 581-7100
Coed Softball, John Grondona, 271-0826
Penn Women's Soccer, Carol Hurst, 560-4160
SD Central Soccer, Martin Ortega, (619) 477-8779
Warriors Softball, 45+ Gary Reime, (619) 640-4334
Co-ed M, Th, F. Softball, Gayla Spangler, 695-1898
Adult Basketball League, Rob Powell, 581-9929

MIRA MESA NEIGHBORHOOD PARKS

Lopez Ridge	7245 Calle Cristobal	538-8171
Maddox Park	7815 Flanders Dr.	
Mesa Verde	8350 Gold Coast	
Mesa Viking	11278 Westonhill Dr	
Sanburg Park	11170 Avenida Del Gato	
WestView Park	11278 WestView Pkwy	
Walker Park	9125 Hillery Dr.	
Mcauliff	7540 Winterwood Lane	

JOINT USE NEIGHBORHOOD PARKS

Challenger	10810 Parkdale Ave
Hourglass Park	14440 Black Mtn
Walker School	9125 Hillery Dr.
Wangenheim School	9125 Hillery Dr.
Mason	10340 San Ramon Dr.
Ericson	11174 Westonhill Dr.

PARKS WITH A GAZEBO

Breen Park	11103 Polaris Dr.
Camino Ruiz Park	
Maddox Park	7815 Flanders Dr
Mira Mesa Park	8575 New Salem St
WestView Park	11278 WestView Pkwy

PARK USE INFORMATION

For park use permits and reservations for the above listed areas including, but not limited to sports field use, picnic areas, and special events, please contact: The Mira Mesa Recreation Center at (858)538-8123.
For party jumps and Gazebo rentals please contact the Lopez Ridge Park at (858)538-8171



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (858) 538-8172) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE



SPONSORED BY THE MIRA MESA COMMUNITY HALLOWEEN CARNIVAL COMMITTEE AND THE
MIRA MESA RECREATION CENTER
8575 New Salem Street
San Diego CA 92126
(858)538-8122

HALLOWEEN CARNIVAL

Tuesday, October 31, 2006

4:00 – 8:00 P.M.



COSTUME CONTEST

FOR CHILDREN UNDER 12:

6:00P.M. 0 TO 4 YEARS

6:20P.M. 5 TO 8 YEARS

6:40P.M. 9 TO 12 YEARS

PRIZES FOR THE TOP 3 IN EACH AGE GROUP!

ENJOY A "BOO"TIFFUL EVENING OF ACTIVITIES:

CARNIVAL TICKETS 5 FOR \$1.00

BRING THE WHOLE FAMILY AND HAVE A "HOWLING" GOOD TIME!!